

Meaning of Śivēti Śaurīti (Āśrama Nitya Prārthana)

(The universal prayer sung daily at the ashrama)

Composed by

His Holiness Sri Sri Sri Ganapati Sachchidananda
Swamiji

1. We seek refuge in that one God who is worshipped with devotion in the world, especially in India as Śiva, Viṣṇu, Ganeśa, Subrahmaṇya, Dēvi, and Sūrya.
2. We seek refuge in that one God by whose command the sun shines in the sky, fire burns readily, and the wind blows constantly.
3. We seek refuge in that one God who takes the form of Water, Fire, Earth, Air, and Space.
4. We seek refuge in that one God who is worshipped in the middle of a forest, on a mountain peak, on a river bank, in the center of a pond, or inside a home.

5. We seek refuge in that one God who is the Maker, the Preserver, and the Destroyer of the Universe, who is most ancient yet ever new.
6. We seek refuge in that one God who is called by different names such as Allah, Jina, Buddha, and God by the English speaking people.
7. We seek refuge in that one God whose infinite glory is proclaimed in the Bible, the Q'uran, the Śastras, the Vedas, and the Puraṇas.
8. We seek refuge in that one God who is worshipped and praised in song in churches, mosques, and in holy shrines through prayer, namaz, or ritual worship.
9. We seek refuge in that one God Sat-Cit-Ānanda who Himself flourishes with the countless names that He assumes, is resplendent in the infinite forms that He takes, and is filled with inestimable powers, virtues, and attributes.